




Chartwells School Dining Services
Mitchell Elementary School Lunch Menu, August/September, 2010
Student Lunch Price \$2.25 • Reduced Lunch Price \$0.40 • Milk Price \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
August 30 On-Line Access to Student Accounts Now Available. www.mealpayplus.com For Student ID # e-mail brfoodservice@bridge-rayn.org	August 31 Breakfast for Lunch Pancakes 🍷 w/ Syrup Sausage Crispy Tater Tots Applesauce	September 1 Macaroni and Cheese Dinner Roll 🍷 Seasoned Carrots Tossed Salad w/ Light Dressing Fresh Apple	September 2 Balanced Choices Meal: Baked Breaded Chicken Nuggets 🍷 Potato Wedges Whole Wheat Bread 🍷 Fresh Orange	September 3/No School  Locally Grown Apples Served Every Day
6/Labor Day, No School  Massachusetts Harvest for Students Week 9-27 to 10-1	7 Breakfast for Lunch French Toast Sticks w/ Syrup Sausage Crispy Tater Tots Applesauce	8 Balanced Choices Meal: Spaghetti & Italian Meat Sauce Dinner Roll 🍷 Tossed Salad w/ Light Dressing Fresh Apple	9 Baked Breaded Popcorn Chicken Brown Rice 🍷 Seasoned Carrots Fresh Orange	10 Cheese Pizza Dippers Pizza Dipping Sauce Tossed Salad w/ Light Dressing Fresh Apple
13 Balanced Choices Meal: Breaded Chicken Patty 🍷 on a Bun Seasoned Mixed Vegetables Fresh Orange	14/No School  All Tossed Salads Prepared with Locally Grown Tomatoes, Cucumbers and Peppers	15 Balanced Choices Meal: Pasta Marinara w/ Cheese & Bosco Cheese Stuffed Breadstick Seasoned Green Beans Fresh Orange	16 Balanced Choices Meal: Baked Breaded Chicken Nuggets 🍷 Mashed Potatoes Whole Wheat Bread 🍷 Fresh Apple	17 Balanced Choices Meal: Cheese or Pepperoni Pizza 🍷 Oven Baked Fries Fresh Orange
20 Balanced Choices Meal: Hot Dog on a Bun Seasoned Peas & Carrots Oven Baked Fries Applesauce	21 Breakfast for Lunch Waffle Sticks w/ Syrup Sausage Crispy Tater Tots Applesauce	22 Balanced Choices Meal: Pasta & Italian Meat Sauce Dinner Roll 🍷 Tossed Salad w/ Light Dressing Fresh Apple	23 Popcorn Chicken Bowl Mashed Potatoes Corn Gravy Shredded Cheese	24 French Bread Cheese or Pepperoni Pizza Tossed Salad w/ Light Dressing Fresh Apple
27 Balanced Choices Meal: Cheeseburger on a Bun Tossed Salad w/ Light Dressing Locally Grown Corn on Cobb Applesauce	28 Breakfast for Lunch Pancakes 🍷 w/ Syrup Sausage Crispy Tater Tots Fresh Local Peach	29 Balanced Choices Meal: Rotini w/ Italian Meat Sauce Seasoned Green Beans Dinner Roll 🍷 Fresh Orange	30 Baked Breaded Chicken Nuggets 🍷 Locally Grown Corn on Cobb Whole Wheat Bread 🍷 Fresh Local Apple	October 1 Balanced Choices Meal: Cheese or Pepperoni Pizza 🍷 Oven Baked Fries Fresh Orange
Alternate Lunches				
Mondays: Cold Nachos Fun Lunch: (Crispy Tortilla Shell Rounds, Shredded Cheese, Salsa), Fruit Tuna Salad Sandwich 🍷 Animal Crackers, Baby Carrots, Fruit	Tuesdays:  Cold Pizza Bagel Fun Lunch (Bagel, Pizza Sauce Shredded Cheese), Baby Carrots, Applesauce Bologna & Cheese Sandwich 🍷 Animal Crackers, Baby Carrots, Fruit	Wednesdays: Cereal Fun Lunch: (Choice of Cereal 🍷, Hard Boiled Egg, 100% Juice), Fruit Ham & Cheese Sandwich 🍷 Animal Crackers, Baby Carrots, Fruit	Thursdays: Cold Nachos Fun Lunch: (Crispy Tortilla Shell Rounds, Shredded Cheese, Salsa), Fruit Chicken Salad Sandwich 🍷 Animal Crackers, Baby Carrots, Fruit	Fridays: Yogurt & Cracker Stackers Fun Lunch (4 oz. Yogurt Cup, Ham, Cheese, Crackers, Baby Carrots), Fruit Turkey & Cheese Sandwich 🍷 Animal Crackers, Baby Carrots, Fruit

This 🍷 denotes that menu item is made with whole grain. All menu items served with choice of chilled and/or fresh fruit.

Daily Milk Choices Include: 1% Low Fat White, Fat Free or 1% Flavored (Chocolate, Coffee and/or Strawberry)

If you have any questions, phone or e-mail the **Food Service Director: Eric DeLisle @ 508-279-3405, brfoodservice@bridge-rayn.org**
Make Payments to and access student accounts on-line at www.mealpayplus.com. Get Student ID # in café or call/e-mail Eric above.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.